To all in the Dental Profession,

As Chair of the Oregon Dental Association’s Wellness Committee we are reaching out to you to let you know that we are here for you in this trying time. Our network of Ambassadors is available to help if you feel the need to reach out to someone. We have many challenges ahead of us but know that you are not alone. Some will respond to this challenge with vigor and determination others will respond by isolation (more than 6 feet) and defeat. How can we help you get through this trying time? We want every dental professional to come through this time.

Our world may not be the same but we need to get through it together. If you need some support reach out to someone or to the Wellness Committee to help you navigate your emotional needs. If you know someone that you think may struggle more with this downturn please reach out to them. Although we may be socially distancing this does not prevent us from reaching out to a patient, another colleague and especially our staff to reassure them that we will get through this and all come out the other end whole!!

Sincerely,

Kim Wright, DMD
ODA Wellness Committee Chair