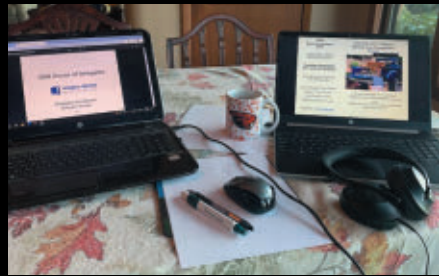


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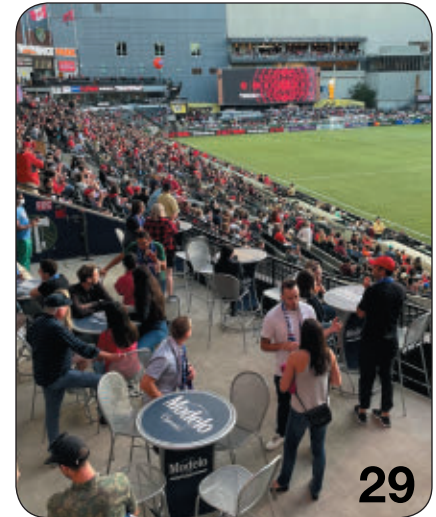
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Membership Matters is an official publication of the Oregon Dental Association in support of its core purpose to advance the dental profession and promote the highest standard of oral health and oral health care.

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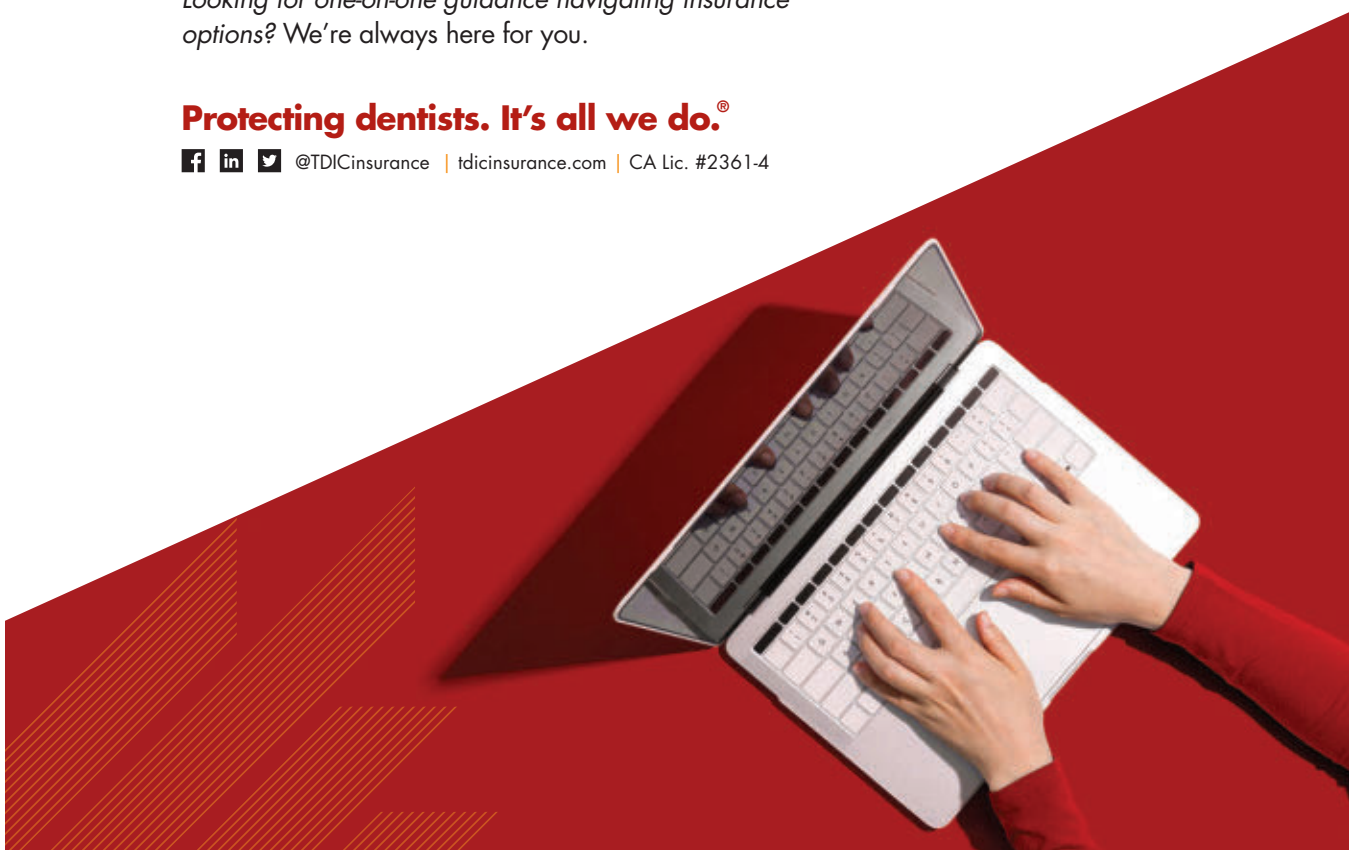
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More Than a Filling



By Alayna Schoblaske

IT WAS THURSDAY AT 4:45 P.M. AND my last patient of the day – let’s call him Peter – was checking in. If I’m being honest, I was already thinking about changing into my sweatpants and catching up on *The Bachelorette* finale episode when I got home. Peter had chipped tooth #29, and I was planning on doing a simple DO composite. I’d be done in 15, maybe 20 minutes, and home to my couch by 5:30 p.m.

Once I sat down with Peter, though, he disclosed that he had recently been facing some significant family challenges. When I thanked him for sharing that personal information with me, he went on further to say that he didn’t really have friends to talk to and he hadn’t known who to turn to for support.

At the federally qualified health center I work at, we have begun to integrate oral and behavioral health care. This means that we have a wellness coach with training in trauma-informed care, motivational interviewing, and de-escalation who works full-time in our dental clinic. Our wellness coach supports patients who have dental anxiety, who have barriers to care, and who need to be referred to behavioral health clinicians. Some days, he supports patients with a weighted blanket, headphones, and an essential oil of their choice to reduce anxiety. On Thursday, I asked him to step into the room with Peter. He spent 30 minutes listening to Peter and put together a plan to follow up with a referral to a therapist (which will be covered by his Oregon Health Plan benefits).

I eventually came back into the room and finished up the composite (and made it home by 6:15 p.m. to start *The Bachelorette*). I’m glad that Peter left with that chip on tooth #29 restored. But he needed more than a filling that day. As dentists, we are trained to diagnose maladies of oral health. It is also increasingly important that we take a few

moments to look beyond the teeth and gums to notice what else might be going on. A patient’s blood pressure might be elevated, warranting a referral back to their PCP for follow-up. Or we might notice a mole on their cheek that we recommend they talk to a dermatologist about. And increasingly, we examine the patient’s airway and discuss issues of sleep apnea with our patients. We may, though, forget to notice their behavioral patterns and mental health.

As our professional and national conversation around mental health and wellness becomes more robust, it is important for this conversation to trickle into your clinical practice as well. Some patients, like Peter, may volunteer that they are struggling. Some, though, might not be so transparent. I would urge us all to consider other, more subtle, cues. Has their oral hygiene declined significantly when they used to be a perfect brusher? Have they missed multiple appointments when they used to be 15 minutes early? Do you notice increased muscle tightness and wear on their teeth? We have the gift of prolonged relationships with our patients, which may mean that we notice mental health changes that other providers do not. Don’t be afraid to ask your patients about their mental health and encourage them to seek support. You may not have a wellness coach embedded in your clinic, but you could compile a handout with information on the National Crisis Hotline (dial 988) and the *Psychology Today* directory of therapists (searchable by location, types of therapy, insurances accepted, and more). Or, maybe, you could just lend a kind and listening ear when they are in your office.

Of course, if you need support yourself, the ADA is here for you. You can go to www.ada.org/resources/practice/health-and-wellness for information and resources. ●

The opinions expressed in this editorial are solely the author’s own and do not reflect the views of the Oregon Dental Association or its affiliated organizations.

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UP FRONT

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THE OREGON DENTAL ASSOCIATION WOULD LIKE TO THANK all members for being a part of our community, and especially to those celebrating milestone ODA membership anniversaries in 2022. These members have shown their dedication and support of the dental profession through longtime and continuous participation. It is our members who make this association successful. Your volunteer work has helped create and successfully run various committees and councils; provide publications; educational workshops including the Oregon Dental Conference; and advocate for the dental profession and the underserved population in Oregon. Thank you for all your hard work and dedication!



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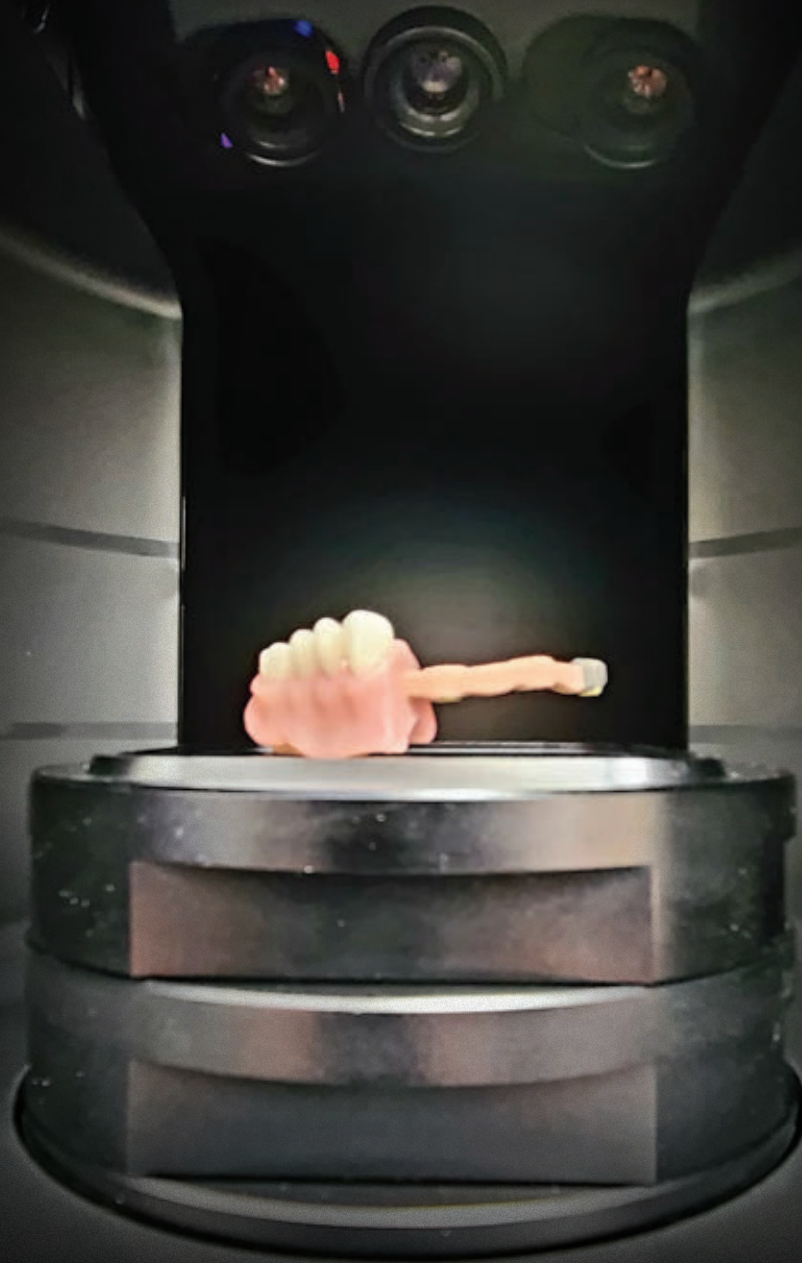
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Events & Education Component CE Calendar

CONTINUING
EDUCATION

Calendar provided by Mehdi Salari, DMD

This calendar is current as of October 11, 2022.

Due to the COVID-19 pandemic, events may be altered or postponed.
Please visit the host dental society website for the most up-to-date information.

Date	Dental Society	Course Title	Speaker	CE	Location	More Information
11/15/2022	Clackamas County	Introduction to Digital Application in Dentistry	Panel	2	Salathe office	Register: executivedirector@clackamasdental.com
12/02/2022	Multnomah	Risk Management and Medical Emergencies	TBD	7	OAGD Building	Register: www.multnomahdental.org
12/14/2022	Marion Polk	Infection Control	Ginny Jorgenson	2	Salem (Roth's Event Center)	Register: www.marionpolkdental.org/education
12/16/2022	Lane	The Christensen Bottom Line	Gordon Christensen, DDS, MSD, PhD	4	Eugene (Lane Community College)	Register: www.bit.ly/LCDSEVENTBRITE
01/10/2023	Marion Polk	Risk Management (TDIC)	Dr. Vaughn Tidwell & Peter Tuenge	3	Salem (Roth's Event Center)	Register: www.marionpolkdental.org/education
01/18/2023	Multnomah	Teen Invisible Alignment	Dr. Judah Garfinkle	2	OHSU School of Dentistry	Register: www.multnomahdental.org
01/24/2023	Clackamas County	Infection Control	Terre Harris	2	Oregon City (PWFCC)	Register: executivedirector@clackamasdental.com
02/15/2023	Marion Polk	Orthodontics	Dr. Reid Amborn	1.5	Salem (Roth's Event Center)	Register: www.marionpolkdental.org/education
02/24/2023	Lane	Medical Emergencies	Dr. Sam Bae	4	Eugene (Lane Community College)	Register: www.bit.ly/LCDSEVENTBRITE
02/28/2023	Clackamas County	Cultural Competency	Chris Verbiest	2	TBD	Register: executivedirector@clackamasdental.com
03/14/2023	Marion Polk	Prosthodontics	Dr. Larry Over	1.5	Salem (Roth's Event Center)	Register: www.marionpolkdental.org/education
03/21/2023	Clackamas County	Dental Team Ergonomics	Allison Harney, PT, DPT	2	TBD	Register: executivedirector@clackamasdental.com
03/22/2023	Multnomah	Litigation and Forensic Dentistry	Dr. Jay Malmquist	2	TBD	Register: www.multnomahdental.org
04/25/2023	Clackamas County	Clear Aligners	TBD	2	Oregon City (PWFCC)	Register: executivedirector@clackamasdental.com
05/9/2023	Marion Polk	Sleep Dentistry	Dr. Michelle Aldrich	1.5	Salem (Roth's Event Center)	Register: www.marionpolkdental.org/education
05/12/2023	Lane	Lasers in the Hands of Dental Hygiene	Janet Press, RDH	6	Eugene (Lane Community College)	Register: www.bit.ly/LCDSEVENTBRITE
05/17/2023	Multnomah	Table Clinics	-	2	Portland (Kennedy School)	Register: www.multnomahdental.org
05/23/2023	Clackamas County	Botox	TBD	2	TBD	Register: executivedirector@clackamasdental.com
06/13/2023	Marion Polk	Telehealth Dentistry	Dr. Richie Kohli	1.5	Salem (Roth's Event Center)	Register: www.marionpolkdental.org/education

Find this calendar online at www.oregondental.org. Click "Meetings & Events" > "Calendar of Events".

Due to the COVID-19 pandemic, many component meetings were canceled or postponed. Looking for additional ways to get CE? The American Dental Association has a large collection of webinars and on-demand video learning opportunities available, many of which are free to members. Visit adaceonline.org to catch up on the latest offerings on your own schedule. 🎧



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Board of Trustees Meeting Highlights

Oregon Dental Association
Board of Trustees Meeting
Friday, July 22, 2022

- Dr. Todd Carris was appointed to the Annual Meeting Council.
- The recipient of the 2022 Tom Tucker Humanitarian Award was chosen and will be announced at the 2023 Oregon Dental Conference.
- The Board reviewed the resolutions that will be brought to the 2022 House of Delegates in September. ●

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2022 House of Delegates Recap

THE ODA VIRTUAL HOUSE OF DELEGATES

took place on Saturday, September 24th. At the event, 66 delegates, ODA Board of Trustees members, and special guests discussed important issues affecting the Oregon Dental Association and the profession of dentistry. Thank you to all who participated in the 2022 House – your time and service are greatly appreciated!

In Memoriam

The Oregon Dental Association expresses sorrow at the passing of the following individuals since August 2021. In some cases where the date of death was prior to August 2021, the ODA was notified after the 2021 House of Delegates.

- **Toivo T. Sepp, DMD** – Washington County Dental Society
- **Ralph Joseph Teynor, DDS** – Southern Willamette Dental Society
- **Frederick Clayton Judy, DMD** – Central Oregon Dental Society
- **John William Clinton, DMD** – Multnomah Dental Society – Dean Emeritus of OHSU School of Dentistry
- **Devin Mikael Brice, DMD** – Southwestern Oregon Dental Society – President of the SW Oregon Dental Society
- **Benjamin L. Hunsaker, DMD** – Marion and Polk Dental Society
- **Barry C. Beget, DMD, MSD** – Lane County Dental Society
- **Orville T. Boyle, Jr., DMD** – Clackamas County Dental Society

Election Results

The following individuals were elected by the House of Delegates to serve on

the Board of Trustees and as Speaker of the House. Congratulations on your elections!

- **James Burneson, DDS:**
ODA Trustee, four-year term
- **Paul Botsford, DMD:**
ODA Trustee, four-year term
- **Scott Hansen, DMD:**
Speaker of the House, three-year term

The 2022 Tom Tucker Award and leadership and service pins will be presented at the 2023 ODC. Stay tuned for details!

Congratulations to the 2022 Leadership Academy Class

Over the course of the past year, the 2022 Leadership Academy participants have completed a series of immersion experiences and leadership trainings to gain a better knowledge of themselves as leaders and leadership opportunities within the ODA. Thank you for your participation in the Leadership Academy – we look forward to seeing all the great things you'll do for organized dentistry!

- **Sam Bae, DDS, MD** – Multnomah Dental Society
- **Chip Carriere, DMD** – Multnomah Dental Society
- **Baber Khatib, DDS** – Multnomah Dental Society
- **Landis Kwong, DMD** – Multnomah Dental Society
- **Ashish Patel, DDS, MD, FACS** – Multnomah Dental Society
- **Joshua Smith, DDS** – Clackamas County Dental Society
- **Haley Van Volkenburg, DMD** – Central Oregon Dental Society

House of Delegates Resolutions Report

BOT-1-22: Cost of Living Increase: Passed

Since 2012, the ODA Board of Trustees has submitted annual dues increases for the House of Delegates' consideration in order to be able to continue to provide the same level of valuable programs, with the rising cost of doing business. The House passed BOT-1-22, increasing the 2023 ODA annual dues by \$35.

BOT-2-22: Streamlining Membership Processing: Passed

BOT-2-22 streamlines the membership application processing method by removing local component review, allowing applications to be processed quicker and directly by the ODA. Local components will be notified once a new member is processed. The House passed BOT-2-22.

BOT-3-22: Removal of Outdated Document References: Passed

BOT-3-22 removes outdated membership processing document references in the ODA bylaws. No substantial change to how membership is processed. The House passed BOT-3-22.

BOT-4-22: Board of Dentistry Appointment Recommendations: Passed

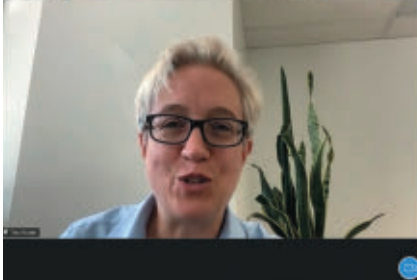
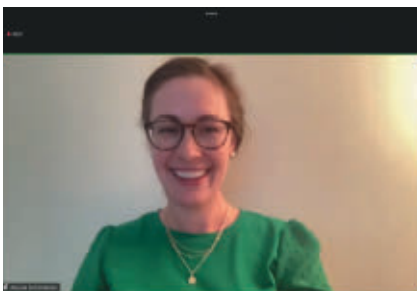
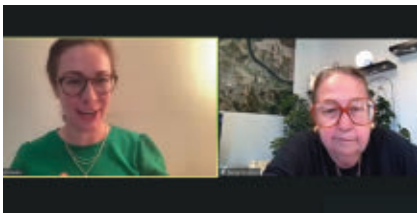
BOT-4-22 aligns bylaws with current practice by having the Leadership Development Committee make recommendations to the governor's office on Board of Dentistry candidates. The House passed BOT-4-22.

BOT-5-22: Eliminating Risk Management CE Requirement: Passed

Current bylaws require all ODA members to complete three CE hours of risk management every three years as a condition of membership. This resolution removes the risk management CE requirement as a condition of ODA Membership. The House Passed BOT-5-22.

Gubernatorial Candidate Forum

2022 ODA delegates had the unique opportunity to hear from and ask questions of all three candidates vying to be Oregon's next governor: Tina Kotek, Democrat, Betsy Johnson, Unaffiliated, and Christine Drazan, Republican.



Dr. Calie Roa, 2021-2022 ODA President Address

Good morning everyone. It is so good to see all your faces on this call today. It is heartwarming and makes me happy to have members engaged and involved on such an important day for our association, board of trustees, and honored guests. Thank you, everyone, for dedicating your time to yet another Zoom call, and for having the fortitude to continue focusing in on all the business and meetings we're conducting today.

What a privilege to have all the gubernatorial candidates come on to our call today; we are so grateful that they will be including us in their busy campaign schedule! This is going to be an exciting race, and we'd love you to ask questions when they are on the call later today.

We worked closely with the board to help regulate final guidelines and saw it come to fruition this past month; licensing for dental therapists is now available in Oregon. ODA's legislative team is incredible, and we are so fortunate to have them. They really do put their whole heart and soul into working for our members on these projects, and it is so encouraging to see the successes we've gained due to their dedication.

This year we were able to have an in-person dental conference, which was extremely well-attended, despite looming concerns of yet another shut down. It was so encouraging to once again see people in person, mingling and connecting. I know that, for me, it felt great to catch up with old friends that I only get to see at this conference.

We continue to navigate an ever-changing landscape of meetings and events to ensure that we, as a board, are exploring all avenues to engage and involve different parts of our state.

Our first CE opportunity in Southern Oregon on November 5th will kick off a series of regional CE events.



This wellness-focused CE is the first of our new concept of short, more topic-focused meetings. We aim to make these a bit different than the CE offerings so readily available from other sources. We do understand that the ODA is not the first place people tend to look for their CE, but it is an integral part of our membership and a good benefit. It is one of the few ways we are able to directly and deeply engage our members. It also allows us a platform where we can share greater understanding of our main objective and mission, which is advocacy.

Unfortunately, lack of growth in our membership numbers is hindering us greatly right now. This means we are capped in our ability to powerfully advocate for ourselves and our patients – our most important goal as an organization. As I address the most critical issues we face today, please seriously consider how you can encourage your colleagues to join us in the fight to protect and support our profession, through the power of the ODA.

As an office owner and full-time working provider, I have an intimate understanding of our workforce issues today, as do you, I'm sure. This is our number one priority moving forward; this is what is affecting every aspect of dental practice modalities. Populations with greatest needs are having even worse access to care because our FQHCs are not able to hire more providers due to a shortage of auxiliary

staff. The Oregon Board of Dentistry recently sent out an email stating that more than 1,000 hygienists in our state have not renewed their licenses. We all know how deeply that will impact our ability to screen patients and establish good overall care for them.

The time is now to use new and creative ways to get people into the dental workforce.

On ODA's long-term legislative track, we can work to recruit early in high school, remove some restrictions to licensing, shorten training programs by eliminating some non-essential requirements, and create bridge and accelerated programs for EFDAs to transition into hygiene.

More immediately, we are working on bills that would provide scholarships for state community college programs to train and license EFDAs, funding for high school programs to train and recruit students for the dental field, and funding for outreach programs to underserved areas.

We need both long-term strategies and rapid fixes, and ODA is proactively addressing this crisis on both fronts.

Our nation, through the pandemic, has come to realize that mental health is a much-needed area of focus. We see it at the ODA, and we have worked to do our part to help our members cope with the toll of the enormous challenges that they sometimes face. The ODA was able to have our members incorporated into the Oregon Wellness Program, which provides confidential and free counseling services to dental providers, without requiring a medical record tracking. We have

now secured more and continuous funding for this incredible benefit; I'm happy to say that it has been utilized well thus far, and I'm even happier to say that this crucially important program will be in place into the future. The pandemic challenges are easing, though the aftermath continues to ripple through our society. And, as we all know, life is what happens while you're making other plans, so it is essential to know that there is a way for each of us to get mental health help when it is needed.

Our last board meeting was focused on strategic planning and forecasting, establishing a clear pathway to helping our patients and providers over the next 3 years. We know that the dental office model is changing, and we must stay relevant for all members, regardless of your practice modality. The board of trustees is committed to building better and stronger relationships with dentists beyond the private practice model. We are ensuring that our legislative agenda incorporates the needs of FQHCs, large group practices, and DSOs, as well as private practice.

It is well known and understood that, these days, moving directly from dental school to private practice is increasingly rare. So, we are dedicated to keeping ODA current with the changing landscape, and connected with students entering the workforce. The best way to do that is through engagement with our existing members in these different models, so we know what you need for your best practices. Please know

this: We want to hear from you; we want to work for you; and we are an organization that can, and will, fit your needs.

As I end my year as president, I'd be remiss if I didn't mention our staff at the ODA. Their service extends far beyond the 8-5 office day, and their dedication, knowledge, and heart for the mission of the Oregon Dental Association goes beyond what you could imagine. I am honored to have had the opportunity to work alongside you as a representative of our board and our members, and I want to extend a huge thank you to you, first and foremost. To the board of trustees, you have been my friends and comrades for a long time now, and it was an honor and privilege to serve you in this role. It has given me so many tools moving forward, and I am sure it won't be long until I find my way back to help out in other roles. Dr. Miller, you have been an incredible sidekick this past year, and I know that passing the torch on to you will be smooth as can be, and cause nary a ripple in the organization. I am confident in your wise and gentle leadership, and I know that you are going to take so much that we started together and see it through. I am excited to hear about your journey, I am excited to continue cheerleading this board, and I am committed to my lifelong membership with an organization that cares about the work we do and the patients we take care of.

Thank you for this opportunity, and I wish you all the very best as you continue on.

Thank you. 🍷

Save the Date

The 2023 House of Delegates will take place Saturday, September 23. Mark your calendars and plan to serve as a delegate for your component society! We look forward to seeing you there!

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Portland Downtown – SALE PENDING - Collecting \$860,000 with good net. 50% hygiene and exams. Endo & OMS referred out. Seven Adec operatories with expansion space available. Dr. retiring.

Lake Oswego/West Linn Area – Smaller practice collecting \$400,000. Three Adec operatories in a 1,200 sq. ft. office building on a major high-traffic arterial. Excellent visibility. Three and one-half days per week plus two hygiene days. 40% hygiene and exams. No OHP. Dr. retiring.

Salem – Collecting \$1,000,000+. 37% hygiene and exams. Places and restores implants. 2,800 sq. ft. office in newer building with good visibility to a high-traffic arterial. Five operatories. No OHP. Dr. disabled.

Central Oregon – SALE PENDING - Collecting about \$900,000 with excellent net income. 2,600 sq. ft. office with 6 operatories. 50% hygiene & exams. No OHP. Dr. retiring.

Southern Oregon Coast – Collecting over \$800,000. 35% hygiene & exams. Endo referred out. 1,950 sq. ft. office on state highway with five operatories. No OHP. Dr. relocating.

Salem – Associate with buy-in opportunity.

North Portland - Associate with buy-in opportunity.

CONGRATULATIONS TO THE FOLLOWING TRANSITIONS

Randy Heiman DMD & Brent Hiebert DDS Endo (McMinnville)

Lady-Jean Ramsey DMD & Brian Ogle DMD (Keizer)

Dale Olesberg DMD & William Cheah DDS (Beaverton)

Lisa Gitelson DMD & Mijin Choi DMD (Tigard)

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New ODA President Mark Miller, DMD, MAGD

FEATURE

By Melody Finnemore

MARK MILLER VIVIDLY RECALLS HIS FIRST TRIP to the dentist, a former military practitioner who had served in World War II and required a bus trip from Miller's childhood home in Aloha to Portland. "He was an old-school dentist who absolutely hated children and scared the daylights out of my brother and me," he said.

Family friends recommended Dr. Dan Johnson in Aloha, whom Dr. Miller credits with saving several of his teeth over the years. During high school, he spent more time with Dr. Johnson and job-shadowed him. "By the time I was in high school, I knew that's what I wanted to do and, along with my parents, he encouraged me to pursue a career in dentistry."

After earning his bachelor's degree at Lewis and Clark College in 1975 and his DMD at the Oregon Health & Science University School of Dentistry in 1979, Dr. Miller started a private general dentistry

practice in Carlton. The practice grew over the years and, in 2004, he built a bigger office and renamed his practice Carlton Dental.

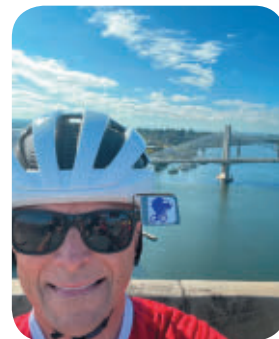
Dr. Miller said his favorite aspect of private practice was meeting people and volunteering in the community, including serving as president of the Chamber of Commerce, chair of the Yamhill County Board of Health and chair of the planning commission. He also coached everything from tee-ball, softball, and soccer to high school basketball and baseball for many years.

"I got to know a lot of families, and I enjoyed seeing my patients outside of the office and hanging out at barbeques when they weren't stressed," he said with a laugh, noting he had treated three generations of some families by the time he retired from his practice in 2015.

In 2017, he volunteered to teach at OHSU before becoming an assistant professor of



MARK MILLER





restorative dentistry. He teaches Mondays through Thursdays and mostly works with third- and fourth-year students in the predoctoral program.

“Some blossom right away and, for others, it may take a year for concepts to sink in, but you get to watch them grow, and it’s fun to see when the light goes on,” he said. “I love the interaction we have, and the students are awesome. I always look forward to going to school on Monday. We are fortunate to have an outstanding faculty and staff, and the facility is very impressive.”

Dr. Miller credits the late Bernie Taylor, longtime executive director of the Oregon Academy of General Dentistry, with introducing him to the importance of organized dentistry by encouraging him to get involved in a study group while he was in dental school. He continues to participate in the Alpha Omega Study Club, which is affiliated with the Seattle Study Club.

“Organized dentistry is the voice of dentistry, and we have to realize that. I’m not into politics, but we need to have advocates and a voice for the profession,” he said, adding the profession has had to dispel the perception that all dentists are wealthy and, therefore, ODA members should pay higher taxes on their practices. “We have great lobbyists in Salem, and without them we would be lost.”

While the COVID pandemic shut down ODA activities and other social gatherings, Dr. Miller applauds the return to in-person

events and noted their importance to people’s mental health. As ODA’s incoming president, he pointed to its Wellness Committee, of which he is a member, and the Wellness Initiative. He talked about their importance to him personally since his wife Linda, his high-school sweetheart, died four years ago.

“I meet once a week with my therapist and I have since Linda passed away. It’s such a part of my life now,” he said. “Everybody on the committee has had tragedy in life and we’re all in this together.” Dr. Miller also does impressionistic painting weekly with two of his class of ’79 classmates as another source of wellness work.

ODA’s Wellness Initiative provides up to eight complimentary counseling sessions for all dentists in the state, whether they are ODA members or not.

Dr. Miller’s goals as ODA president also include encouraging more young dentists to get involved by making sure fees are affordable, promoting understanding of the short- and long-term benefits of organized dentistry, and increasing diversity, equity, and inclusion among members.

In addition, with the help of the board of trustees, he plans to address the dental profession’s workforce shortage by making education more accessible, encouraging mentorship and advocating for better collaboration among assistants, hygienists and dentists. Dr. Miller is working to form a partnership between OHSU’s School of



Dentistry and the Clark College Dental Hygiene Program to foster the team model of dental care.

“In talking with a lot of my dental buddies who are still out there practicing, and it doesn’t matter if you are in private, group, community health or corporate practices, you still have to have a strong team concept for your practice,” he said. “It makes your practice more efficient and more proficient.”

Dr. Miller’s professional affiliations include being a lifetime member of the American Dental Association and Academy of General Dentistry; a trustee of the Oregon Dental Association since 2016; and being named an American College of Dentists Fellow, Pierre Fauchard Academy Fellow, Academy of Dentistry International Fellow, a Master of the Academy of General Dentistry, and the Oregon Academy of General Dentistry’s Dentist of the Year.

The father of two adult children and grandfather of a soon-to-be 9 year old, Dr. Miller is an avid traveler who enjoys cycling, photography, painting, and golf.

“I could not sing the praises of Dr. Miller more,” said Dr. Calie Roa, current ODA president.

“He is fully engaged. He is retired but still gives his time to dentistry through working at OHSU in the clinic and being a very active and engaged member of the board of trustees. His heart is in this and he loves it.

“He sees the struggles and concerns of dental students entering the workforce, and he has worked his life in the field so he knows the struggles of the day-to-day logistics that practicing dentists face,” she added. “He is more than prepared for this role and will take it on with enthusiasm, wisdom, and dedication. I am excited to see how he leads this next chapter forward. The ODA is in good hands.” 🌟

Impressions of the 2022 ODA House of Delegates

THIS MONTH WE DECIDED TO ASK FOR impressions from the 27 new dentists who attended the 2022 ODA House of Delegates as delegates or guests. We hope to encourage more new dentists to become engaged as delegates and help make the decisions that move the association and the oral health community forward. Your voice as a new dentist is needed and important.



TYREL FINMOR

This year's House of Delegates meeting was held through Zoom rather than in person. Though I missed the opportunity to connect with friends and familiar faces in person, it was convenient to participate from home, and because I live and practice rurally, it was great to be able to participate without driving into Portland. It was still nice to see friends through the screen, and it was certainly nice to be able to start the meeting sitting on my couch under a blanket, with a warm mug of tea and a purring cat in my lap.

For me, the House of Delegates meeting is an opportunity to have a check-in with the association. I enjoyed the discussions surrounding resolutions/ amendments, and it's nice to get a chance to be introduced to the people who are running for leadership roles in our association.

This year we heard from all three candidates for Oregon governor. It was reassuring to hear all three voice their strong support for oral health care and oral health providers in Oregon. HOD participants brought great questions, and each of the candidates were engaging and

invested in their responses. No matter who wins, I feel we will have an ally in the governor's seat.

One other thing that stood out to me, as an early career dentist, was seeing how much our predecessors (both currently practicing and retired) have advocated for dentistry in Oregon. I'm grateful for the time, energy, and effort they have put into our profession.

– Tyrel Finmor, DMD

I had a lot of fun spending time with my dental friends and colleagues virtually at the House of Delegates meeting this year. We celebrated leadership transitions, discussed current issues, and even heard from the candidates for Oregon governor. It is so cool that my vote as a delegate is helping to shape the future of our profession!

– Britta Martinez, DMD



The 2022 House of Delegates was a great way, as a new dentist, to connect with dentists from all around the state and to hear about everything the association is doing for dentists and Oregon's oral health right now. The gubernatorial candidate segment was so exciting; it was such a unique opportunity to hear from all three candidates on issues that are of particular interest for new dentists, like access to care and student debt. It is so important to have voices from all backgrounds and all experience levels in the House, so I hope more new dentists join us next year.

– Rachel Meek, DMD

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The Annual Meeting Council will be hosting the annual Speaker Host Dinner & Training at the ODC building in Wilsonville, with Zoom participation also available. Attendees will learn and review the responsibilities and benefits of hosting and have the opportunity to select which speakers they would like to host.

Date: Thursday, January 12, 2023

Time: 6:30 pm – 8:30 pm

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Speaker host positions are available to ODA member dentists and members of the dental team.

ODA New Dentist Council CE Thorns Event

IT WAS A BEAUTIFUL SUNNY EVENING as close to 50 new and established dentists and dental students gathered at Providence Park in Portland on Saturday, August 27th to listen to ODA member Dr. David Dowsett present “Heroes on the Sideline – Sports Dentistry and Today’s Athlete.” Attendees came away from the presentation with a better understanding of trauma, prevention, and treatment; mouth guards – types, fit, purpose, and what they can and cannot do; as well as the roles and responsibilities of the team

dentist and how to get involved in sports dentistry. Dr. Dowsett currently serves on the medical team for both the Portland Winterhawks and the Portland State University Vikings.

After the presentation, the attendees enjoyed an exciting soccer match between the two-time NWSL champions Portland Thorns FC and the 2022 NWSL expansion team San Diego Waves FC from the private setting of the Modelo Cantina within Providence Park. It was great to see everyone back in person and mingling throughout

the evening catching up with friends and meeting new peers. Dr. Carly Petersen commended the ODA staff after the event by saying, “I had a blast on Saturday night! Thank you so much for organizing and putting it all together. It was great!”

This event was made possible through a generous Acquisition, Recruitment, and Conversion (ARC) grant from the American Dental Association, and a percentage of the proceeds from the event went to benefit the Dental Foundation of Oregon. 🌟



DS1 Success Program

ON SEPTEMBER 1, 2022, THE ADA MANAGING DEBT AND WEALTH PROGRAM was presented to first-year dental students at Oregon Health and Sciences University by member dentist Alysa D'Ambrosia, DMD, a 2013 OHSU graduate. This program is one in a series of success programs on topics most relevant to students today. The students enjoyed an ODA-sponsored lunch while listening to sage advice from Dr. D'Ambrosia, which included examples of how the ODA was there for her during the pandemic. The success programs are presented at no charge to students or dental schools by the American Dental Association and/or state and local dental societies. The Success program helps students prepare for life as a dentist – good choices now, great dentists later. 📍



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Barry J. Taylor Date: **9/8/22**

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